

Amowpoints

Bournemouth Archery Club's Newsletter December 2018



Dear Members,

It's the winter indoor shooting season and time to update on a number of important issues and events that are coming up to give you time to put things in your diary.

YOUR CLUB NEEDS YOU!

The Club is currently looking for a webmaster to take care of the BAC website and keep it up to date. This includes shoot calendar, results, entry forms, club members' access as well as club notices. If you have website skills and experience and feel that you could offer some of your spare time to help the Club please let us know asap.

BAC Christmas Party

A reminder that the BAC Christmas Party is on Friday 14th December at the Sports Club - 7.00pm for 7.30pm start. We have now advised the caterers of numbers attending, but if you wish to book a place please email Dave Steer by 7th December (see Dave's recent email for contact details).

Christmas Indoor Shooting Arrangements

Please note the following dates for Christmas shooting both at Victoria School and the Rifle Range:-

The last shooting session before Xmas at Victoria School is 1st December, however the Club Indoor Champs will be held there on Saturday 8th December. The school will be closed after this and is **NOT** available for shooting again until Saturday 5^h January 2019. We will stop shooting at the school for the winter season on January 26th and will then use the rifle range on a Saturday morning until the end of the indoor season.

The rifle range **WILL BE OPEN** on the following dates:-

Saturday morning 15th December, Tuesday evening 18th December, Saturday 29th December and Friday evening 4th January. The range will be fully open again from 4th January onwards. Shooting is **NOT** available on Friday 21st December, Saturday 22nd December, Tuesday 25th December and Friday 28th December.

Christmas Outdoor Shooting Arrangements

Bournemouth Sports Club have agreed that archers may shoot outside over the Christmas period but please remember that the top priority is health and safety as the Sports Club will be closed from 21st December to 2nd January. The bar will also be closed during this period. The club and bar will reopen on Tuesday 2nd January.

Please note that due to the need for extra security at the Sports Club during the Xmas period, the low barrier on the main access gate **will be closed** from 21st December until 2nd January. **This will mean that vehicle access will not be possible via the locked barrier. However, if you wish to shoot please liaise with a Committee member who may be able to open the barrier for you if they are also shooting that day. Alternatively members will have to park on the grass verge along the side of the road in front of the barrier and walk to the field on C2.**

No BSC first aid assistance will be available during the Sports Club closure dates. If you do shoot on these dates be extra vigilant, sensible and have mobile phones with you for any emergency. First aid kit is in the container - any injuries should be recorded in our accident book.

New Year Fun Shoot

This year's New Year Fun Shoot is to be held on **Sunday 13th January**, in the rifle range. Fun faces and club bows will be used so no need to bring your own equipment. Entry is free to members, visitors £3 per head. **PLEASE NOTE THAT NUMBERS WILL BE LIMITED TO A MAXIMUM OF 50.** If you wish to attend please add your name to the sign-up sheets as soon as possible (these will be available at the field, in the range and at the school shortly). We will need Target Captains for the day so if you would like to volunteer please contact Dave Steer.

Prizes are awarded for best Adult club member, best Adult visitor, best Junior club member and best Junior visitor. A raffle will be held - so prizes (all those unwanted Christmas pressies!) welcome! Arrival 9.30am for 10.00am start.

Canford Indoor Open Shoot

This year's shoot will be held on **Sunday 20th January**. It is a double Portsmouth. You are welcome to shoot either a single or double round. Entry form and details are available from our indoor shooting venues and via the club website.

Work party will be required to help set up on the afternoon of Saturday 19th January and to take down on the Sunday. All offers of help welcomed - please put your name down on the volunteer list if you wish to help - you will find these lists in our normal shooting venues soon.

Chairman's Cup

Dates for the 2019 Chairman's Cup are as follows:-

Sunday 17th February

Sunday 10th March

Sunday 17^h March

Sunday 7th April



The shoot is 3 dozen arrows at 30 metres on 80cm face and you need to complete 3 out of 4 of the shoots to be in it to win it! Assembly time is 9.45am, hot drinks will be available. Wrap up warm and enjoy the first outdoor shoot of the New Year. Please note that these dates may need to change - keep an eye out on the website and at our shooting venues for further information.

Equipment Day

There will be an Equipment Day in the range on Sunday 10th Feb when a team of experienced archers will help you learn about looking after and maintaining your archery equipment. Timing is 10am to 2pm - there will also be a 'have a go' session to try out our club crossbow, Genesis compound and longbow. Cost is £2.50 per adult & £1.50 for juniors including refreshments. No need to book - just come along anytime during the day as above.

Welcome to New Members

BAC would like to extend a warm welcome to all our new members, including those who have joined after completing the September Introduction to Archery course. We hope that you enjoy shooting with us and look forward to seeing you at our indoor venues as well as our outdoor field. If you wish further coaching please approach a Coach and ask - they are recognisable by their red BAC coaches' shirts!

Archery GB Membership

We would like to remind you that Archery GB now want you to keep your membership details up to date by logging on to the Members Portal at the AGB website - www.archerygb.org/login. If you change address etc please ensure that you logon and amend your details. You can also update your communication preferences via the AGB members' portal.

Club Merchandise

If you would like to purchase any BAC items such as club shirts, pens, badges etc please see Phil Clarke our Promotions Officer and he will be glad to sort this out for you. If you would like to purchase a new Club Shirt please contact Phil - the discounted prices are £28 for senior and £23 for junior.

Winter Archery Talk

Malcolm Oldfield will be giving a talk on Jan 17th in the Lounge Bar at BSC at 7.30pm regarding various topics including crossbow shooting, the power of Zen for concentration, fitness, and ballistics. Numbers will be limited to 20 and promises to be a convivial and interesting session!

Coaching Session

John Richardson is planning to hold a coaching session that will focus on the mental skills required by competitive archers to excel at your sport re concentration training, planning & goal setting mind training etc. This is likely to be arranged early in the New Year. Keep an eye out for further details on the website and at our shooting venues.

BAC Website

This is the place for details of all of the upcoming tournaments and entry forms, shoot results and all sorts of other important information. Log on to BAC at www.bournemoutharcheryclub.com

FINALLY

The Committee would like to wish all of our members and their families a very Merry Christmas and a Happy New Year! We look forward to seeing you all in 2019.



